

## **SOUTHCENTRAL FOUNDATION'S 14<sup>TH</sup> ANNUAL GATHERING EXPO, FAMILY WELLNESS FESTIVAL AND FUN RUN**

(Anchorage, AK -- June 20, 2011) – Southcentral Foundation (SCF) welcomes community members to embrace healthy lifestyles and cultural traditions at its 14<sup>th</sup> Annual Gathering Expo, Saturday, June 25, from 11 a.m. to 4 p.m., at the Anchorage Native Primary Care Center on the Alaska Native Health Campus. SCF and dozens of local community organizations bring to life this year's theme, "Celebrating Our Cultures."

The day begins with a 5K Fun Run/One-Mile Walk at 10 a.m., followed by the Gathering Expo and Family Wellness Festival from 11 a.m. to 4 p.m. The community is invited to enjoy Alaska Native dance groups and shop for Alaska Native art; learn about Southcentral Foundation's health and wellness programs; and take part in healthy food, games and fun for the entire family. Participants will also have opportunities to win prizes and take a carriage ride around the Alaska Native Health Campus, all at no cost.

Approximately 2,500 people participated in the Gathering in 2010. This year, with more than 80 booths and activities, family members will find something of interest at the Gathering Expo and Family Wellness Festival. Registration for the free Fun Run begins at 9 a.m. at the Southcentral Foundation Health Education and Wellness Center, located at 4201 Tudor Centre Drive.

### **Event Schedule**

**Southcentral Foundation 5<sup>th</sup> Annual 5K Fun Run/One-Mile Walk**  
SCF Health Education and Wellness Center, 4201 Tudor Centre Drive

- 9 a.m.            Registration and t-shirt pickup (free)
- 10 a.m.           Official start of 5K Fun Run/One-Mile Walk by Mayor Dan Sullivan

**Southcentral Foundation 14<sup>th</sup> Annual Gathering Expo & Family Wellness Festival**  
Anchorage Native Primary Care Center (ANPCC), 4320 Diplomacy Drive

- 11 a.m.           Blessing/Invocation  
Tribal Doctor, Southcentral Foundation Traditional Healing Clinic
- Noon              Welcome Address and Special Recognitions
- James Segura, Southcentral Foundation Board of Directors Chairman

- Katherine Gottlieb, Southcentral Foundation President/CEO
- Senator Mark Begich
- Special Recognitions
  - Nancy Murkowski
  - Sandy Parnell
  - Catherine Stevens
  - Arliss Sturgulewski
  - Lu Young

1 p.m. Performance by the Fireweed Dancers  
 1:30 p.m. SCF Amateur Photo Contest Awards  
 2 p.m. Performance by Lepquinm Gumilgit Gagoadim Tsimshian Dance Group  
 3:30 p.m. Stamp Card Drawing

### **Activities**

11 a.m.-3 p.m. Family Wellness Festival, including veggie toss and inflatable obstacle course, ANPCC parking lot  
 11 a.m.-3 p.m. Face Painting by About Face Painting , ANPCC parking lot  
 11 a.m.-4 p.m. Carriage Rides by the Horse Drawn Carriage Company, ANPCC parking lot

For more information, call (907) 729-4953.

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Established in 1982, SCF's mission is to work together with the Native Community to achieve wellness through health and related services. The non-profit health care affiliate of CIRI, SCF has grown in its 29 years, from a single dental clinic to an internationally recognized, award-winning health care organization that employs more than 1,400 people and administers a budget of more than \$181 million annually to manage more than 65 health care programs and services.