

**Inside
this issue:**

**Pathway Home new facility plans
Summer Plans for Elder Program
SCF's new Website
Improved Access to Anchorage Native Primary Care Center**

Anchorage Native News

VOL. 2, NO. 2

ANCHORAGE, ALASKA

SUMMER EDITION

New Logo for ANMC

Southcentral Foundation and the Alaska Native Tribal Health Consortium have created a new mission statement and a logo for the Alaska Native Medical Center.



The combined ANMC mission statement reads "The Alaska Native Medical Center shall fulfill the vision and mission of the Alaska Native Tribal Health Consortium and Southcentral Foundation by working together with the Native Community to achieve wellness by providing the highest quality health services for all Alaska Natives."

The mission statement of Southcentral Foundation is "Working together with the Native Community to achieve wellness through health and related services." Southcentral Foundation has worked with the ANMC Joint Operating Board and the Alaska Native Tribal Health Consortium to combine mission and vision statements for the hospital.

This year, the Southcentral Foundation flag was raised in front of the hospital to signify the completion of assuming ownership and management of Primary Care Services under the authority of the Cook Inlet Region, Inc., and joined the ANTHC flag. It was important to retain the separate identities of each parent corporation while providing quality health care services in the hospital.

New Early Head Start/Head Start opens in Northway Mall



Pictured above are students in the new Early Head Start Facility. On the left is Janelle Oktoyak, on the right is Patrick White and Jorianna Reynolds-duval.

Southcentral Foundation has opened and is operating a new Early Head Start Facility in northeast Anchorage. A first for Alaska, SCF has combined our new Early Head Start program with our existing Head Start program. This will allow infants from participating low-income Alaska Native/American Indian families to remain at the same child care/development facility from the age of six weeks to five years.

Located at the Northway Mall, the Early Head Start program is a culturally appropriate, comprehensive child development program that serves infants and toddlers ages 6 weeks to 3 years old. This program also works with pregnant women and their families prior to the child entering into the program. The Early Head Start Program currently has 32 children enrolled.

The Early Head Start program augments SCF's existing Head Start program that serves 160 children ages 3 years to 5 years. The Head Start program is located in west Anchorage.

Due to demand, we are expanding the Head Start program by adding a classroom for 20 students to the Northway Mall location.

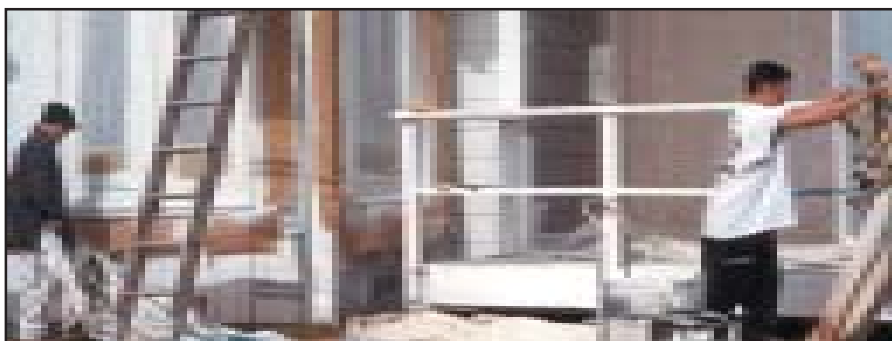
To fund operation year round, five days per week, Early Head Start has combined childcare reimbursement funding with federal Head Start funding to allow the program to operate from 7 am to 6 pm each work day.

The Northway Mall is located between the east Anchorage neighborhoods of Mountain View and Muldoon, Early Start's two largest population bases. Because the mall is on the municipal bus line, the location makes it easy for parents who do not have transportation to take their children to school. A grocery store in the mall also allows parents to do their grocery shopping before picking their child up.

A nursing station within the facility will provide Early Head Start families with follow up services.

For more information about SCF's combined Early Head Start/Head Start Facility or to enroll your child, call 258-5477.

Community turns out to support the Pathway Home



Timothy Grosdidier and Dimitre Coppock help other interns with the improvements of the Pathway Home which will be used until the completion of the new facility in May 2001.

The Pathway Home cleared an important milestone on May 8 when the Municipality of Anchorage's Planning and Zoning Commission approved the addendum to SCF's conditional use permit for the new Dena A Coy facility to also allow the

Pathway Home to be built on the same site.

Special thanks goes to Russian Jack Community Council Chair Kathleen Plunkett and the other Council members for their support of this important project. Council and community members spoke unanimously

in support of the Pathway Home, making it clear that the community shares SCF's commitment to this important project.

The Pathway Home is a comprehensive approach to providing services for at risk and severely emotionally disturbed Alaska Native adolescents who are among those at the highest risk for a number of behavioral problems -- academic failure, delinquency, substance abuse and homelessness. This new program will serve Native youth from throughout Alaska, but its focus will be on the massive unmet need for services for the Native youth of Anchorage. The program will begin operating in mid-winter, while awaiting completion of the new facility, scheduled for completion in May 2001.



Katherine Gottlieb and Lee Stephan hold the gift of an Eagle Feather.

Eagle Feather

The gift of the Eagle Feather signifies validation that one has accomplished a great deed or feat for one's people. Status is accomplished by the number of selfless deeds one does for his/her people. Feathers are given only to those who stand out, and let me say it takes a lot to stand out. It is the Native way of status recognition, to recognize another without bragging or boasting of their feats.

It is my honor, as the gifter, to show that Eklutna Village gifted Ms. Katherine Gottlieb in recognition and appreciation.

Thank you, Katherine for all your help to Eklutna.

By Lee Stephan, Chief Executive Office of Eklutna Village

Want to quit?



Homer Health Center Nurse Donna Fenske and Brandon Stewman examine pig lungs.

After over seven years of heading up the Tobacco Education Program at the Alaska Native Medical Center, SCF Tobacco Educator Bill Bouwens says he has become known around the hospital campus as "Mr. Cessation." And since Native Americans are 50 percent more likely to use tobacco, Bouwens has his work cut out for him.

Bouwens says the most important part of any attempt to quit is to want to quit. It is important for the patient to come to that decision when attending the program. For more information or to enroll in a class, contact Bill Bouwens at 729-2933.

SCF's Behavioral Health Services offers a variety of counseling

Southcentral Foundation's Behavioral Health Services is a community mental health center that serves both Alaska Native/American Indian and non-Native clients. Located at 640 West Fireweed Lane, Suite 106, BHS' 28 employees serve the mental health needs of Alaskan children, adolescents, adults and senior adults.

BHS provides individual, group and family counseling with master's and doctorate level therapists who are sensitive to cultural needs. The program offers access to two psychiatrists who provide adult, child and adolescent psychiatry. An evening intensive outpatient adolescent program is available with school consultation, family and

individual therapy, Saturday programming, case management and transportation services. BHS also offers extensive domestic violence counseling, case management services and psychological testing services.

While demand for BHS' services has increased in the past 18 months, the average waiting time for appointments has dropped to only 4.5 days from the initial call to the first appointment offered.

Evening and walk-in appointments for counseling and psychiatry are also available. Referrals are accepted from individuals, agencies and self-referrals. For information or to make an appointment, call 265-4220.

Intern Program at SCF enters fourth year

Southcentral Foundation's Responsible Adolescent In Successful Employment (RAISE) Winter Intern program has just been completed and the Summer Intern Program begins its fourth year of operation in June and culminates eight weeks of summer employment for youth ages 14-18, in August.

The program has been restructured to increase communication and understanding of the program for all participants.

The program mission is: The RAISE Intern Program will strengthen the Native community by enhancing education, life and employment skills and professional development for adolescents while increasing health awareness.

The program vision is: The Adolescent Intern Program is founded on the belief that

every youth wants to succeed and will respond to expectations when given the opportunity.

The program values are: The Adolescent Intern Program values the family as the heart of the Native community. We also value career guidance, professional dress, professional conduct, the development of good work ethics and a successful transition from school to work.

SCF would like to congratulate the following intern graduates: Esther J. Grosdidier - 1999, Timothy L. Grosdidier - 1999, Charlene Franklin - 1999, Joe Ambrosio - 2000, Alison Holzheimer - 2000, Crystal Marris - 2000.

For more information or to be a part of the RAISE program, contact Program Coordinator Kim Fearnside at 729-5007.

Elder Program Plans Summer Activities

Alaska Native/American Indian people age 55 or above are invited to join the Southcentral Foundation Elder Program for such activities as Native potlucks, berry picking, vegetable picking, making jam, and beading. The Elder Program also serves a free nutritious lunch five days a week and hosts a lively bingo game each Wednesday with donated prizes.

In addition, SCF Elder Providers make home visits to reach all homebound Elders and those who do not have any assistance in achieving their day-to-day needs. Providers assist with light housekeeping, shopping and

helping to arrange transportation to medical appointments. They also provide assistance in understanding public transportation and how to use it. Sometimes providers just give participating Elders an occasional telephone call to see how they're doing.

For information about upcoming functions, please call the Elder Program at 338-4226 and leave your name, address and phone number. Native potlucks are held once a month. Everyone is welcome to bring a Native dish and come share the meal. Native entertainment is provided during the potlucks.

In meeting the mission statement of Southcentral Foundation, SCF has formed or joined in partnerships statewide and locally to reach the goal of the vision statement. The purpose of SCF is to address the needs of Alaska Native/American Indian people. For questions, comment, or submission of articles, write to Anchorage Native News Editor, Southcentral Foundation, 4501 Diplomacy Drive, Anchorage, Alaska 99508; or call (907) 729-4955. ANN reserves editorial rights to all submissions for content. All articles will be considered for each publication, dependent on the space available. Deadline for next issue is July 15, 2000.

©2000 Southcentral Foundation



ANHC continues summer season

The Alaska Native Heritage Center's summer season will go through September 22, 2000. Hours of operation will be 9 am to 6 pm. General admission for adults is \$19.95 and \$14.95 for children 7-16.

The ANHC's performing and demonstrating artist's series will continue sharing their art forms.

Icu, our children's program, will also be offered. ANHC will have summer day camps for children ages 6-13 designed for each specific age group. Camps are limited. Contact Patricia Partnow or Loretta Riley at 330-8000 for details.

The ANHC is open year round as a gathering place to celebrate, perpetuate and share Alaska Native cultures; it is a gathering place for all Alaskans.

Young Warriors needs people

Southcentral Foundation's Young Warriors group is looking for young men and women between 12 and 18 years old to become part of its Traditional Healing Program. Young Warriors is an exciting group that offers cultural activities, adventure outings and connection with the Native community in Anchorage and the rest of southcentral Alaska.

This summer there will be outings such as the "Feed the Eagles" activity and subsistence fish camps.

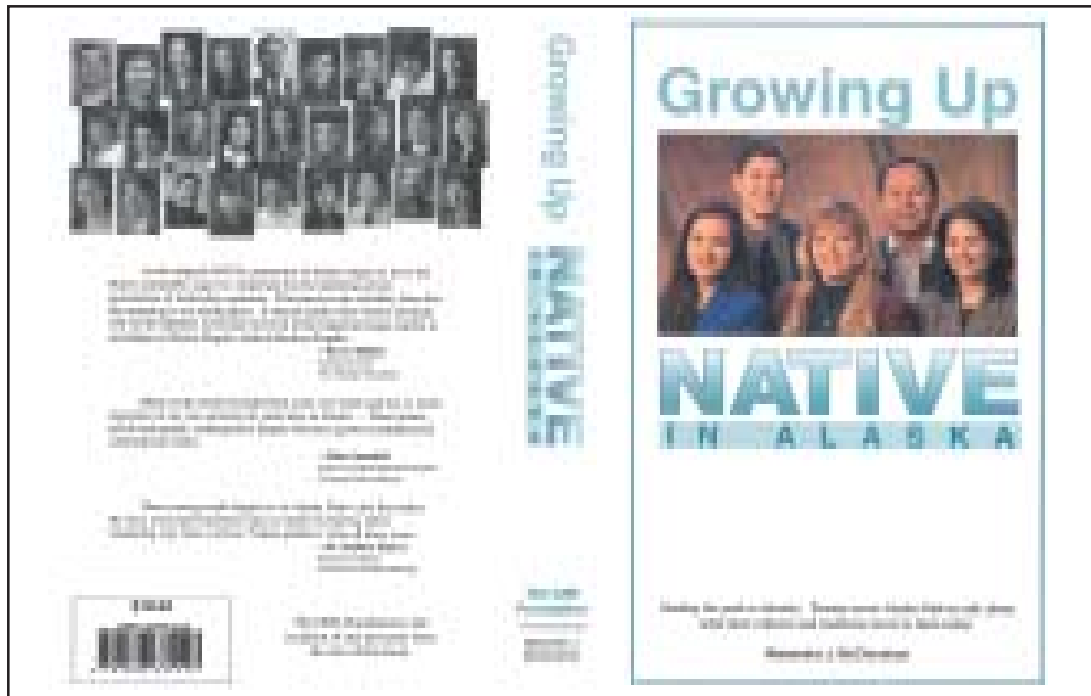
The Young Warriors meet at the Muldoon Family Project Center in the Muldoon Mall, 1251 Muldoon Road, across from Fred Meyer, from 4:30 to 6 p.m. every Tuesday (with some Saturday outings). Contact Buz Daney at 729-4920 for more information.

SCF hosts Region X Head Start annual training

The Region X Head Start annual training conference was held in Anchorage February 29-March 2. Over 300 participants attended this conference, coming from Washington, Idaho, Wyoming, Oregon and Alaska.

Patricia Montoya, Commissioner on Children, Youth and Families in Washington, D.C., and Katherine Gottlieb, President and CEO of Southcentral Foundation were keynote speakers at the Region X reception, held at the Alaska Native Heritage Center.

During the conference, SCF's Head Start program hosted a Native potlatch at the Head Start Center, 1818 W. Northern Lights Blvd. Ms. Gottlieb and Dr. Helen Scheirbeck, Chief, American Indian Programs Branch of Head Start from Washington, D.C., were honored for their Native leadership.



Growing up Native

What it means to be a modern Alaska Native and the struggle with identity is what young, promising Alaska Natives share with readers in a new book titled *Growing Up Native in Alaska*. Published by The CIRI Foundation, *Growing Up Native in Alaska* features oral history interviews with 27 emerging Natives born between 1957 and 1976.

Spanning the 13 Alaska Native regions, each featured participant was selected to be interviewed for the book based on their potential as leaders and because of their varying and personal struggles with their own Alaska Native heritage. Some have grown up in urban environments or Native villages, while others have ties to both, but all are affected by their Alaska Native cultural heritage.

The book is written by CIRI historian Alexandra J. McClanahan, who has authored *Our Stories, Our Lives*, a previous oral history profiling 23 Alaska Native Elders from each of the state's major geographical regions, and who enrolled as shareholders of CIRI. A journalist for many years, McClanahan was

publisher and president of The Tundra Times from 1986 to 1991 and was a reporter with The Anchorage Times.

"Years from now when we look back to determine how well Native corporations have done, we can perhaps judge best by the hopes of the next generation and their vision for the future. If that vision of a society where our differences are celebrated and where our cultures are vibrant-alive and evolving and not just preserved in museums – then we will have succeeded. The journey to that vision will not be realized unless our people are educated," said CIRI President and CEO Carl Marrs in the book's foreword.

Growing Up Native in Alaska retails for \$19.95, with proceeds from the sale of the book benefiting The CIRI Foundation. The book is available at select bookstores, or it may be purchased off the merchandise section of the CIRI web site or by contacting The CIRI Foundation directly at (907) 263-5582. For book signings and other events associated with the book, visit the CIRI web site at www.ciri.com/shareholder/calendar/htm.



With the spring and summer seasons almost here and jobs opening in various businesses and industries, Alaska's People Inc. is your source for employment and training resources. Alaska's People is a non-profit organization chartered to provide employment and training referral services free of charge for Alaska Natives, American Indians and their family members.

Alaska's People is proud of its extensive resume database consisting of thousands of client resumes stored in its computer and available for client distribution and referral to employers as needed. If a client does not have a resume, Alaska's People staff is available to create a working resume free of charge. Several computers are also available where clients can create resumes and cover letters or view on-line job openings.

Our website at www.alaskaspeople.com is a comprehensive working site complete with employer generated job openings, job resource links, education resource links, on-line intake form, resume worksheet form, job reporting form and student intake form.

Alaska's People offers four employment specialists, each of whom is adept in certain fields of employment from professional and clerical to specialized trades and labor. When possible, first-time clients will be seen by an employment specialist on the day they apply for services to discuss their employment or training needs.

Visit them at 2600 Cordova St., Suite 211, Anchorage, Alaska 99503. Call toll free at 1-888-553-1213 or in Anchorage (907) 263-7013; fax (907) 263-7083.

SCF launches new Web page



SCF's Web site is on-line again and sporting a colorful new look. Check it out at www.southcentralfoundation.org.

The new site features a history of the organization, links to other relevant sites, SCF's vision and mission statements, available services, on-line copies of the Anchorage Native News, a calendar of events, job listings and an update on current projects.

<p>National Native News Native World of The Day Native American Calling Native Sounds Native Voices Native Programs on KNBA 90.3 FM The Native Voice in Public Radio</p> <p>KNBA 90.3 FM-Member Supported-Commercial Free Become a member today! 258-8878</p>	<p>KNBA 90.3 FM</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------



Anchorage Native Primary Care Center is located at 4320 Diplomacy Drive. ANPCC has improved the Primary Provider program.

Access to care at Anchorage Native Primary Care Center improved

For perhaps the first time in history, Native people are taking charge of designing and delivering our healthcare not only for ourselves, but for our children, parents and other family members.

Since assuming management in 1998, SCF has instituted a system-wide transformation of care, increasing not only the quality and adaptability of programs but more importantly the accountability of providers and patients alike.

One program has resulted in a very noticeable change. The Access to Care program has enrolled over 21,000 patients to

a primary care physician.

This concept, coupled with reserving a portion of the physician's schedule each day for same-day appointments, ensures that patients receive appointments with their primary care provider on a same-day basis an achievement of which any healthcare provider could be proud.

SCF encourages your feedback. Please contact 729-4955 with suggestions for continued improvement. If you have not enrolled to a primary care physician, call the PCC Outreach Hotline at 729-3376 to enroll today.

Non-Profit Org.
 US Postage
PAID
 Anchorage, AK
 Permit #1022



Change Service Requested

Southcentral Foundation
 4501 Diplomacy Drive
 Anchorage, Alaska 99508

<p>Southcentral Foundation 670 West Fireweed Lane Anchorage, Alaska 99508 (907) 265-4900</p>		
<p>Office of the President 4501 Diplomacy Drive Anchorage, Alaska 99508</p>	<p>729-4955</p>	
<p>Human Services: Behavioral Health Quyana Clubhouse Dena A Coy Head Start Early Head Start</p>	<p>265-4220 278-6619 333-6677 276-4323 258-5477</p>	
<p>Medical Services Anchorage Native Primary Care Center 4320 Diplomacy Drive Anchorage, Alaska 99508 (907) 729-3250</p>		
<p>Children's Clinic Family Medicine Clinic Women's Health Clinic Mental Health Clinic Mountain View Clinic Urgent Care Center Elder Care Program Minority Organ Tissue Transplant Education Program Nutaqsiivik Dental Clinic @ Fireweed Dental Clinic @ ANMC Optometry @ Fireweed Optical Shop @ ANMC</p>	<p>729-1002 729-3300 729-3100 729-2511 278-2268 729-1729 338-4228 729-3257 729-3261 265-4211 729-2000 265-4263 729-1471</p>	
<p><i>Please call our main office for a more complete directory.</i></p>		